



Resources List for Pediatric Cancer Families

Includes resources, grief/bereavement support resources by location, and resource guides by county.

Resources

Activities

- Candlelighters for Children with Cancer: <https://candlelightersoregon.org/candlelighters-family-activities/>. Hosts family activities and teen activities throughout Oregon and SW Washington.
- Embrace Compassion - <https://embracecompassion.org/#nominate-brighter-box>. Located in Sherwood, OR, Embrace Compassion offers a unique Brighter Box fun farm experience for children in treatment and their siblings. For more information, check out their website or email jen@embracecompassion.org
- American Childhood Cancer Organization: <https://www.acco.org/we-can-help/>
Offers free resources that can be shipped to families including a medical play kit, guides for children and parents, a children's DVD, journals for children and teens, a special catstuffed animal that can help children learn about cancer treatments, children's books (also available in Spanish), books for parents, an emotional communication kit, and a coloring book. Online resources include a digital library with books for children, teens, and adults, an emotional communication kit, activity and coloring pages, an online support community for families (<https://www.inspire.com/groups/american-childhood-cancer-organization/>), and a listing of other resources.
- CHAP- Children's Healing Art Project: <https://chappdx.org>
Programs include hospital programs that provide free art activities for hospitalized children and studio programs which are currently being offered in-person and over zoom. (<https://chappdx.org/art-club/>).
- Chelsea Hicks Foundation- Chelsea's Closet: <https://www.chelseahicksfoundation.org>
Offering mailed costume care packages during the pandemic to hospitalized children at Doernbecher or Randall, requests can be made through the website.
- Children's Cancer Association JoyRx Music: <https://joyrxmusic.org/listen/>
A website where children can find joy through music by listening to music, virtual music lessons, and music-themed games.
- NEGU: <https://negu.org/>

Provides Joy Jars, goodies, and care cards to children diagnosed with cancer and their family members.

- The Light Collective - <https://www.lightcollectivepnw.org/> Provides online interactive experiences for the whole family through their Matchbox program.
- LTP Foundation: <https://www.ltpfoundation.org/legends-programs>
Funds social outings for kids and families facing pediatric cancer.
- Pile of Puppies – pileofpuppies.org Brings joy to chronically and terminally ill children and their families by surrounding them with a Pile of Puppies.

Aftercare/Survivorship

- Doernbecher Cancer Survivorship Program:
<https://www.ohsu.edu/doernbecher/doernbecher-cancer-survivorship-program>
A program that provides multi-disciplinary, holistic support to survivors of childhood cancer.
- Legacy Health KITE Clinic:
<https://www.legacyhealth.org/children/health-services/cancer/life-after-cancer.aspx> A program that provides multi-disciplinary support to survivors of childhood cancer.

Bereavement

- Please refer to the grief/bereavement support section.

Camps

- Candlelighters Family Camp
<https://candlelightersoregon.org/applications-for-family-camp-2022/>
Annual camp for children and their families.
- Camp Millennium: <https://www.campmillennium.org>
A free annual week-long camp for Oregon children with cancer ages 5-16.
- Camp Agape: <https://campagapepdx.com>
A week-long annual camp for children and their families.
- UKANDU: <https://ukandu.org/>
Programs include Camp Ukandu (a weeklong camp for children with cancer), UKANDU Teen Retreat (a weekend retreat for teens), UKANDU Family Camp (a program for the whole family), UKANDU Corps (a volunteer program for ages 12-16 that brings together youth with cancer and youth without cancer), and UKANDU Family Reunion (a one day event for families that have previously attended UKANDU programs).

Disease Specific

- Bank of Parents: <https://www.bandofparents.org/our-impact/supporting-families-in->

[treatment/](#). Offers a support network for families of children diagnosed with neuroblastoma.

- Children’s Neuroblastoma Cancer Foundation: <https://www.cncfhope.org> Information and resources.
- Cure ATRT Now: <https://www.cureatrt.org> Information and resources for atypical teratoid rhabdoid tumors.
- Children’s Brain Tumor Foundation: <https://cbtf.org> Support programs, information, and resources.
- Levi’s Legacy DIPG Foundation: <http://www.levislegacy.org> Provides support for children diagnosed with DIPG and their families through financial assistance, goodie bags, and other programs.
- Leukemia and Lymphoma Society: <https://www.lls.org> Resources include information specialists available for one-on-one conversations, an online community, online chats, peer-to-peer support, a podcast, one-on-one nutrition consultations, support groups, financial support, a suggested reading list, and a list of other resources.
- Northwest Sarcoma Foundation: <https://www.nwsarcoma.org/programs> Provides financial assistance, online peer support groups, and care packages for sarcoma patients.
- Pediatric Brain Tumor Foundation: <http://www.curethekids.org> Programs include information and resources, digital care packages, peer to peer mentoring, and information on clinical trials.

Financial Assistance

- Candlelighters for Children with Cancer: <https://candlelightersoregon.org/candlelighters-family-assistance/> Provides financial assistance to families with children currently in treatment, holiday gift sponsorship programs, and scholarships for teens/young adults who have been diagnosed with cancer.
- Arms Wide Open. <https://www.awoccf.org/copy-3-of-legislation> Provides monthly grants to families suffering hardship due to their cancer’s diagnosis.
- Battle for a Cure Foundation: <https://battle4acure.org> Offers holiday gift cards and hope boxes (for children in hospice care).
- CAN Cancer: <http://www.cancancer.org> Help with non-medical living expenses for residents of Central Oregon, Harney County, Lincoln County, or Willamette Valley.
- Children’s Leukemia Research Foundation: <https://www.childrensleukemia.org/index> Offers a Patient Aid program that can provide reimbursement for certain types of medical costs.
- Darian’s Gift: <http://dariansgift.org/>

Financial assistance for families in the Salem area.

- Endure to Cure: <https://enduretocure.org/travel-for-treatment-assistance-application/> Travel costs assistance.
- Ethan Jostad Foundation: <https://www.ethanjostadfoundation.org/financial-assistance> Financial assistance for Oregon families.
- Kyla McCullough Gift Fund. <http://kmgf.org> Provides grants to families of children living with cancer.
- Leukemia and Lymphoma Society: <https://www.lls.org>
Resources include information specialists available for one-on-one conversations, an online community, online chats, peer-to-peer support, a podcast, one-on-one nutrition consultations, support groups, financial support, a suggested reading list, and a list of other resources.
- Levi's Legacy DIPG Foundation: <http://www.levislegacy.org> Provides support for children diagnosed with DIPG and their families through financial assistance and other programs.
- LTP Foundation: <https://www.ltpfoundation.org/legends-programs> Provides financial assistance to families facing pediatric cancer.
- National Children's Cancer Society: <https://www.thenccs.org/>
Resources offered include financial support, case management through a Family Support program, a mentoring program where a child with cancer is matched with a mentor who is a young adult cancer survivor and scholarship recipient, scholarships for cancer survivors, publications, a facebook group, and online information and resources.
- Nick Wilson Charitable Group: <http://www.nickwilsoncg.org>
Resources for families of children being treated at Doernbecher, including grants, emergency financial assistance, financial assistance for fertility preservation and lab work, and bereavement support.
- Northwest Sarcoma Foundation: <https://www.nwsarcoma.org/programs> Provides financial assistance to sarcoma patients.
- Pediatric Foundation: <https://www.thepediatricfoundation.org/what-we-do.html> Resources for families of children with cancer in Central Oregon (from Deschutes, Jefferson, Crook, Harney, and Lake counties) including financial support (gas and food gift cards, hotel vouchers, air fare and taxi fare, lodging, and auto repair) and volunteer support (pet sitting and landscaping).
- Sparrow Club: <https://www.sparrowclubs.org/get-started/> Sponsors families of children diagnosed with a serious medical condition.
- Team Campbell Foundation: <https://teamcampbellfoundation.org/how-we-help/>. Provides financial assistance, and funds family activities and outings.
- United Healthcare Children's Foundation:

<https://www.uhccf.org/apply-for-a-grant/application-resources/required-documents/> Offers medical grants for families who meet eligibility requirements.

- Willamette Valley Cancer Foundation: <https://willamettevalleycancerfoundation.org>

Informational Guides

- Alex's Lemonade Stand Foundation:
<https://www.alexslimonade.org/childhood-cancer/for-families> Information and resources for families.
- Children's Oncology Group's Family Handbook:
https://www.childrensoncologygroup.org/downloads/English_COG_Family_Handbook.pdf
This handbook includes information on when to call for help, the hospital, cancer, tests and procedures, clinical trials, treatment and effects, caring for your child and family, and after treatment ends.
Also available in Spanish and French:
<https://www.childrensoncologygroup.org/index.php/cog-family-handbook>
- Children's Oncology Group's Family Handbook: New Diagnosis Guide:
https://www.childrensoncologygroup.org/downloads/329120-SBF-New_Diagnosis_English.pdf
This guide includes information about cancer and treatment, when to call for help, visiting the emergency room, fever, managing symptoms, preventing infections, precautions during treatment, and giving medicines.
Also available in Spanish and French:
<https://www.childrensoncologygroup.org/index.php/cog-family-handbook>
- Courageous Parents Network: <https://courageousparentsnetwork.org> Information for families of children with a serious illness.
- National Cancer Institute: <https://www.cancer.gov/publications/patient-education>
Other patient education publications include guides on clinical trials, coping and support, survivorship, treatments and side effects, and other guides for family and caregivers.
- National Cancer Institute's Children with Cancer: A Guide for Parents:
<https://www.cancer.gov/publications/patient-education/guide-for-parents>
This guide has sections on diagnosis information (types of childhood cancers, diagnosing and staging cancers, and talking with your child), treatment information (specialty hospitals, clinical trials, treatment and side effects, and common health problems), support (finding ways to cope, helping your child to cope, helping brothers and sisters, and getting organized), life after cancer (survivorship and follow-up care, if treatments aren't working, and looking forward), and resources (integrative medicine approaches and medical tests and procedures).
- National Cancer Institute's When Your Brother or Sister Has Cancer: A Guide for Teens:
<https://www.cancer.gov/publications/patient-education/sibling-has-cancer>
This guide covers ways to deal with changes, finding support and talking to friends, understanding what your sibling may be feeling, cancer and its treatments and side effects, life after treatment,

and other resources.

Lodging

- Ronald McDonald House Charities of Oregon & SW Washington: <https://rmhcoregon.org> Lodging and food for families of children being treated at a hospital more than 30 miles from their home.

Mentorship

- Children's Cancer Association: <https://joyrx.org>
Mentorship: Adult volunteer Joy Mentors provide support to children in treatment. Currently (as of Jan 2021) the program is offering virtual mentoring, and a child can be matched with a mentor who will provide support and companionship during hospital appointments, in-patient stays, or while isolating at home.
- CoHeals: <https://coheals.com/>
Free App connecting and building relationships among families impacted by childhood cancer.
- National Children's Cancer Society: <https://www.thenccs.org/>
Resources offered include financial support, case management through a Family Support program, a mentoring program where a child with cancer is matched with a mentor who is a young adult cancer survivor and scholarship recipient, scholarships for cancer survivors, publications, a facebook group, and online information and resources.

Newly Diagnosed

- Children's Oncology Group's Family Handbook: New Diagnosis Guide:
https://www.childrensoncologygroup.org/downloads/329120-SBF-New_Diagnosis_English.pdf
This guide includes information about cancer and treatment, when to call for help, visiting the emergency room, fever, managing symptoms, preventing infections, precautions during treatment, and giving medicines.
Also available in Spanish and French:
<https://www.childrensoncologygroup.org/index.php/cog-family-handbook>
- Leukemia and Lymphoma Society's Caring for Kids and Adolescents With Cancer: A Workbook for Families:
<https://www.lls.org/childhood-blood-cancer/caring-for-kids-workbook>
Order a workbook (or read chapters online) that covers topics including talking to your child about cancer, coping with a childhood cancer diagnosis, the healthcare team and treatment center, understanding blood cancer, treatment options, side effects and supportive care, caring for your child during treatment, nutrition, school, financial and legal, caring for yourself, beyond treatment, and end-of-life care. The workbook includes worksheets for an emergency room plan, weather emergency plan, questions to ask your child, healthcare team contact list, appointment calendar and details, questions for the healthcare team, medical history, immunization record, daily medication log, pain log, grocery list, chore chart, food intake log, meal planning, information for school staff, insurance call log, understanding the health insurance plan, health insurance appeal tracking form, budgeting, financial assistance record, and creating a self-care plan.

Retreats

- Children's Cancer Association: <https://joyrx.org>
JoyRx Nature Program: At the Alexandra Ellis Caring Cabin on the Oregon Coast children in treatment and their families can enjoy a no-cost five-day retreat. The nature program also provides outings for teens.

Resource Directories

- Children's Cancer Association: <https://joyrx.org/resources/>

Siblings

- Alex's Lemonade Stand Foundation: <https://www.alexlemonade.org/childhood-cancer/for-families/supersibs> Online resources for siblings.
- National Cancer Institute's When Your Brother or Sister Has Cancer: A Guide for Teens: <https://www.cancer.gov/publications/patient-education/sibling-has-cancer>
This guide covers ways to deal with changes, finding support and talking to friends, understanding what your sibling may be feeling, cancer and its treatments and side effects, life after treatment, and other resources.

Support

- American Childhood Cancer Organization: <https://www.acco.org/we-can-help/>
Offers free resources that can be shipped to families including a medical play kit, guides for children and parents, a children's DVD, journals for children and teens, a special catstuffed animal that can help children learn about cancer treatments, children's books (also available in Spanish), books for parents, an emotional communication kit, and a coloring book. Online resources include a digital library with books for children, teens, and adults, an emotional communication kit, activity and coloring pages, an online support community for families (<https://www.inspire.com/groups/american-childhood-cancer-organization/>), and a listing of other resources.
- Children's Cancer Therapy Development Institute: <https://www.cc-tdi.org/resources/family-support/>
Resources that families can request include a peer support phone call, a phone call with the scientific director, and information on second opinion options.
- Leukemia and Lymphoma Society: <https://www.lls.org>
Resources include information specialists available for one-on-one conversations, an online community, online chats, peer-to-peer support, a podcast, one-on-one nutrition consultations, support groups, financial support, a suggested reading list, and a list of other resources.
- Momcology: <https://momcology.org> Peer support resources for families.

- National Children's Cancer Society: <https://www.thenccs.org/>
Resources offered include financial support, case management through a Family Support program, a mentoring program where a child with cancer is matched with a mentor who is a young adult cancer survivor and scholarship recipient, scholarships for cancer survivors, publications, a facebook group, and online information and resources.

Technology

- Gameraosity: <https://gameraosity.com>
Uses community crowdfunding to support sending Hero Packages that include an iPad.

Teens

- Candlelighters for Children with Cancer: <https://candlelightersoregon.org/connecting-families-with-childhood-cancer/> Offers a youth group for teens/young adults ages 13-21 via a weekly online social meet up, and quarterly in-person social activities.
- CHAP- Children's Healing Art Project: <https://chappdx.org>
Programs include hospital programs (currently on hold due to pandemic) that provide free art activities for hospitalized children and studio programs which are currently being offered over Zoom (<https://chappdx.org/art-club/>).
- Children's Cancer Association: <https://joyrx.org>
JoyRx Nature Program: At the Alexandra Ellis Caring Cabin on the Oregon Coast children in treatment and their families can enjoy a no-cost five-day retreat. The nature program also provides outings for teens.

Wigs

- Angel Hair Foundation: <https://www.angelhairfoundation.org>
Provides Angel Hair Systems to Oregon children who have had hair loss. Angel Hair Systems are not wigs- they are medical prosthetics attached to the head with medical adhesive which allows children to play, sleep, and swim without worrying about their prosthesis falling off or slipping.
- Wigs for Kids: <https://www.wigsforkids.org/>
Offers hair replacement systems to children who have lost hair.

Wish Granting

- Make-A-Wish Oregon: <https://wish.org/oregon>
- Dream Factory of Oregon: <https://dreamfactoryinc.org/oregon/>

Other

- Comfycozy's for Chemo: <https://www.amandahope.org/comfycozy> Free shirts that allow for easy port access.

- Team Impact: <https://www.teamimpact.org> Matches children with a college athletic team.
- Rock'n Rooms: <https://rocknrooms.org/> Provides comforting room décor to children who require extended hospital stays.

Grief/Bereavement Support Resources by Location

Statewide (OR/SW WA):

- <https://candlelightersoregon.org/connecting-families-with-childhood-cancer/>
Candlelighters - Offers online monthly support groups to bereaved families, 2 in person annual events to honor children, and financial assistance to those who are newly bereaved.
- <https://www.awoccf.org/copy-3-of-legislation>
Arms Wide Open- Provides healing bereavement retreats and online workshops to families who have lost a child to cancer.
- <https://www.griefshare.org>
- <https://www.ohsu.edu/sites/default/files/2019-11/Grief%20ResourcesFINAL.pdf>
- <https://teamcampbellfoundation.org/how-we-help/>
Funds Bereaved parent trips for to help reconnect as a couple and heal.

Portland Area

- <https://embracecompassion.org/#nominate-brighter-box>.
Embrace Compassion - Located in Sherwood, OR, Embrace Compassion offers Sunday volunteer days for bereaved parents to come together and heal while working on projects benefitting children with cancer and their families. For more information, check out their website or email jen@embracecompassion.org
- <https://www.dougy.org>
Grief support for children and their families.
- <https://oregon.providence.org/our-services/g/grief-support-groups/> Grief support for children and adults.
- <https://www.legacyhealth.org/services-and-resources/services/adult/hospice-and-grief-support/resources-and-education.aspx>
Support groups for adults and families.
- <https://oregonhospice.org/in-this-together/>
Grief support for children, teens, and adults.
- <http://portlandtcf.org/home.aspx> Grief support for adults.
- <https://healthy.kaiserpermanente.org/oregon-washington/health-wellness/classes-programs/details/drop-in-grief-support-groups>
Drop-in grief support groups for adults.

- <https://oregon.providence.org/our-services/c/camp-erin/overview/>
Bereavement camp for youth ages 6-17.

Mid-Willamette Valley

- <http://wvh.org/services/grief-support-and-services.html> Grief support for children and adults (Salem)
- <https://www.compassionatefriends.org/find-support/chapters/chapter-locator/> Support for bereaved families (Eugene).
- <https://www.peacehealth.org/sacred-heart-university-district/services/hospice/grief-support> Grief support for children and adults (Eugene)
- <https://www.samhealth.org/health-services/all-services/hospice-palliative-care> Support group for adults (Albany)
- <https://www.luminahospice.org/programs-services/grief-support/> Grief support programs for children and adults (Corvallis)
- <https://mthoodhospice.com> Grief support for adults (Sandy).

Central Oregon

- <https://www.partnersbend.org>
Grief programs for children and adults.
- <https://www.compassionatefriends.org/find-support/chapters/chapter-locator/> Support for bereaved families (Bend).

Eastern Oregon

- <https://www.casonsplace.org>
Support groups for children and their families (Pendleton)

Southern Oregon

- <https://winterspring.org>
Bereavement support groups for youth and adults.
- <https://sofriendsofhospice.org/grief/hospice-bereavement-program/> Links to Medford bereavement resources.
- <http://www.klamathhospice.org/news/campevergreen/> A camp for bereaved youth ages 8-16.
- <https://www.compassionatefriends.org/find-support/chapters/chapter-locator/> Support for bereaved families (Roseburg).

Coast

- <https://www.samhealth.org/health-services/all-services/hospice-palliative-care>
Support group for bereaved adults.

Resource Guides by County (General Resources- Not Cancer Specific)

Statewide

- <https://www.211info.org/search-resources>

Baker

- <https://ccno.wp.iescentral.com/wp-content/uploads/2019/04/Resource-Guides-2019.pdf>

Benton

- <https://communityservices.us/wp-content/uploads/2020/04/resources-guide-english-042220.pdf>
- <https://cf.linnbenton.edu/wed/hd/klampea/upload/CommunityResourcesReferraltoSupportOffCampus.pdf>
- <https://communityservices.us>

Clackamas

- <https://dochub.clackamas.us/documents/drupal/53f5afc4-b4dc-42c3-b384-47844a25acf3>

Clatsop

- <https://ccaservices.org/docs/content/resource-directory-2019-revised.pdf>

Columbia

- https://www.cat-team.org/documents/2018/2018_RG.pdf
- <https://www.columbiacountyor.gov/CommunityResourcesandServiceUpdates>

Coos

- <https://cooshealthandwellness.org/community-resources/>

Crook

- https://www.deschutes.org/sites/default/files/fileattachments/health_services/page/520/the_parenting_resource_guide.pdf
- <https://centraloregonresources.org>

Curry

- <http://chetcolibrary.org/wp-content/uploads/2015/06/Social-Services-Resource-Guide.pdf>

Deschutes

- https://www.deschutes.org/sites/default/files/fileattachments/health_services/page/520/the_parenting_resource_guide.pdf
- <https://centraloregonresources.org>
- <https://www.deschutes.org/health/page/community-resources-english>

Douglas

- https://www.umpqua.edu/images/Life_Coach/2019ResourceDirectory.pdf
- <https://guides.ucclibrary.com/communityresources>

Gilliam

- <https://communitycounselingsolutions.org/NewWordpress/wp-content/uploads/2020/06/CS-Community-Resource-Guide-by-county.pdf>

Grant

- <https://ccno.wp.iescentral.com/wp-content/uploads/2019/04/Resource-Guides-2019.pdf>
- <https://communitycounselingsolutions.org/NewWordpress/wp-content/uploads/2020/06/CS-Community-Resource-Guide-by-county.pdf>
- <https://umchs.com/wp-content/uploads/Grant-County-Resource-Guide.pdf>
- <https://bluemountainhospital.org/wp-content/uploads/2020/02/Grant-County-Healthy-Resource-Living-Guide.pdf>

Harney

- <https://www.harneydh.com/directory/>

Hood River

- <https://www.onecommunityhealth.org/community-resources>
- <https://hoodriverlibrary.org/wp-content/uploads/HRC-Emergency-Resource-Directory-map-doublesided-2020-07-29-4.pdf>

Jackson

- <https://jacksoncountyor.org/hhs/Mental-Health/Resources>
- <https://rvmentoring.org/wp-content/uploads/Jackson-and-Josephine-County-Resource-Guide-Feb-2020.pdf>
- <https://helpingashland.org/wp-content/uploads/RV-Community-Resource-Directory.pdf>

Jefferson

- https://www.deschutes.org/sites/default/files/fileattachments/health_services/page/520/the_parenting_resource_guide.pdf
- <https://centraloregonresources.org>
- <https://www.jeffco.net/publichealth/page/public-health-services>

Josephine

- <https://josephinelibrary.org/josephine-link/>
- <https://rvmentoring.org/wp-content/uploads/Jackson-and-Josephine-County-Resource-Guide-Feb-2020.pdf>
- <https://rochome.org/wp-content/uploads/2017/07/familyguide.pdf>
- <https://web.roquecc.edu/sites/web.roquecc.edu/files/Sites/Counseling/pdf/Josephine%20County%20Community%20Resources.pdf>

Klamath

- <https://www.klamathfoodbank.org/index.php/resource-directory>
- <http://www.kcsd.k12.or.us/SIB/files/Klamath%20Basin%20Resource%20Guide.pdf>
- <http://www.klcas.org/klcasdemo/wp-content/uploads/2019/08/2019-KLCAS-Resource-Guide.pdf>

Lake

- <https://www.klamathfoodbank.org/index.php/resource-directory>
- <http://www.klcas.org/klcasdemo/wp-content/uploads/2019/08/2019-KLCAS-Resource-Guide.pdf>
- https://www.lakecountyor.org/LDWC%20Resources%20Brochure%208_2017FINAL2.pdf
- <https://www.lcrg.org>

Lane

- <https://www.eugene-or.gov/DocumentCenter/View/32007/City-Social-Services-List?bidId=>
- <http://reliefnursery.org/wp-content/uploads/2019/09/Community-Resource-Guide-9.4.19.pdf>
- <https://wordcrafters.org/wp-content/uploads/2020/02/NEDCO-Lane-County-Youth-Resource-Guide.pdf>
- <https://docs.google.com/spreadsheets/d/1IEuFJjVYgWfDqv00HCL4Q87HUhKIEIairsxeRx2EI-Y/edit#gid=0>
- <https://resources.parentingnow.org>

Lincoln

- <https://communityservices.us/wp-content/uploads/2020/04/resources-guide-english-042220.pdf>
- <https://communityservices.us>
- <http://www.ocwcog.org/wp-content/uploads/2015/12/ResourceDirectory2012.pdf>

Linn

- <https://communityservices.us/wp-content/uploads/2020/04/resources-guide-english-042220.pdf>
- <https://cf.linnbenton.edu/wed/hd/klampea/upload/CommunityResourcesReferraltoSupportOffCampus.pdf>
- <https://albany.k12.or.us/about/family-resources>

Malheur

- <https://ontariochamber.com/community-resources/>

Marion

- <https://www.midvalleyresources.org>
- <https://static1.squarespace.com/static/51e0abf3e4b081a7cef4f550/t/58fb9764414fb5f44898305b/1492883301472/Resource+Guide+%281%29.pdf>
- <http://www.staytonsublimitychamber.org/wp-content/uploads/2014/01/Santiam-Canyon-Resource-Guide.pdf>
- https://www.co.marion.or.us/BOC/MWHI/Documents/SubcommitteesMaterials/MWHI_SupportServEd/091516_Community%20Resources.pdf

Morrow

- <https://communitycounselingsolutions.org/NewWordpress/wp-content/uploads/2020/06/CS-Community-Resource-Guide-by-county.pdf>
- <https://umchs.com/wp-content/uploads/Umatilla-Morrow-Resource-Guide-1.pdf>

Multnomah

- <https://multco.us/novel-coronavirus-covid-19/community-resources>
- <https://multco.us/diversity-equity/community-resources>
- <https://rosecityresource.streetroots.org>

Polk

- <https://www.midvalleyresources.org>
- https://www.co.polk.or.us/sites/default/files/fileattachments/family_amp_community_outreach/page/6425/resource_guide_fall_2020_1.pdf

Sherman

- <https://fourriversfamily.com/sherman-wheeler-child-care>

Tillamook

- <https://tillamookor.gov/community-resources/>

Umatilla

- <https://umchs.com/wp-content/uploads/Umatilla-Morrow-Resource-Guide-1.pdf>

Union

- <https://ccno.wp.iescentral.com/wp-content/uploads/2019/04/Resource-Guides-2019.pdf>

- <https://www.hmucoregon.org/resources-1>

Wallowa

- <https://ccno.wp.iescentral.com/wp-content/uploads/2019/04/Resource-Guides-2019.pdf>
- <https://umchs.com/wp-content/uploads/Wallowa-County-Resource-Guide.pdf>

Wasco

- <https://youththink.net/resources/>

Washington

- <https://www.co.washington.or.us/Housing/FindingHousing/community-resources.cfm>
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